

Snell & Wilmer



D. Alexander Kat

Associate | San Diego

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Main Bio

Alex Kat is a labor and employment attorney in Snell & Wilmer's San Diego office who focuses on helping employers navigate the ever-changing landscape of California labor and employment laws.

Alex advises clients on a wide range of employment law matters in state and federal court, which include discrimination, retaliation, wrongful termination, harassment, and wage and hour disputes. He works to keep his clients aware of legislative developments and changes in employment regulations that could have potential effects on business operations. Alex also conducts independent investigations into a wide array of issues by carefully reviewing evidence, interviewing witnesses, and evaluating all the facts to determine whether a workplace policy or state and federal law have been violated.

Prior to his legal career, Alex had extensive experience managing both large franchise and small family-owned restaurant chains. Alex leverages this background into providing practical applications of the law with a business oriented vision in mind.

Alex is actively involved in giving back to the San Diego community and advancing the legal profession. He currently serves as an At-Large Director of the San Diego La Raza Lawyers Association, an organization focused on promoting diversity in the legal profession through service and advocacy. He also remains actively involved in mentoring law students at the University of San Diego School of Law and supporting various student organizations.

Education

- University of San Diego School of Law (J.D.)
 - Employment and Labor Law Society, President
 - La Raza Law Students Association, President
- San Diego State University (B.S., Kinesiology)
 - Alpha Gamma Omega, President

Professional Memberships & Activities

- San Diego La Raza Lawyers Association, At-Large Director (2023-Present)

Representative Presentations & Publications

- “Ninth Circuit Blocks California’s AB 51, Reopening the Door for Mandatory Arbitration” Author (March 20, 2023)
- The California Employer’s Guide to New 2023 Laws, Co-Author and Presenter (January 12, 2023)

Community Involvement

- Aztec Mentor Program, San Diego State University, Mentor (2024-Present)
- L.E.A.D, Project Volunteer (Past)

Previous Professional Experience

- Meyers Nave, Associate (2022-2024)
- United States District Court for the Southern District of California
 - Judicial Extern to the Hon. John Houston (2022)
- Paul, Plevin, Sullivan & Connaughton LLP, Law Clerk (2020, 2021)
- @VirtualCounsel, Law Clerk (2020-2021)

Bar Admissions

- California

Court Admissions

- Supreme Court of California